



Membership Information

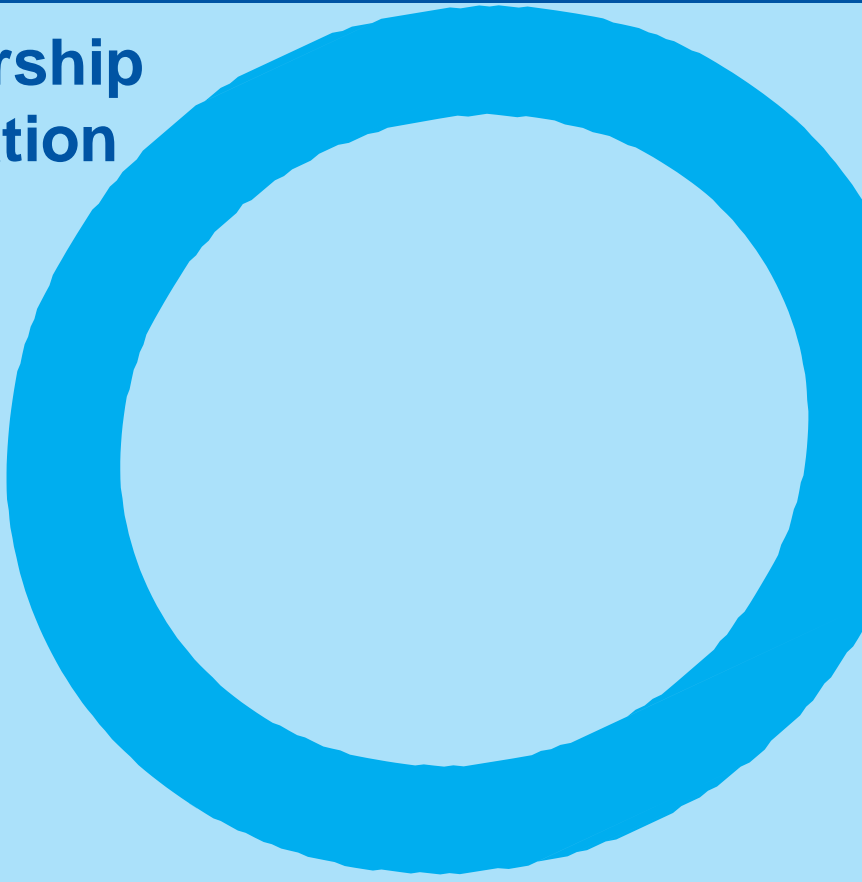




Table of contents

Welcome to BAPEN	1
Joining BAPEN	2
BAPEN achievements – the highlights	3
Education and training resources	5
Membership benefits	9
BAPEN Core Groups	10

BAPEN –

*Putting patients at the centre
of good nutritional care*

Welcome to the BAPEN membership information booklet



What is BAPEN?

BAPEN is a Charitable Association that raises awareness of malnutrition and works to advance the nutritional care of patients and those at risk from malnutrition in the wider community.

BAPEN brings together the strengths of its Core Groups to raise awareness and understanding of malnutrition in all settings and provides education, advice and resources to optimise nutritional care.

BAPEN's Core Groups include:

- BAPEN Medical
- The British Pharmaceutical Nutrition Group (BPNG)
- The British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)
- The National Nurses Nutrition Group (NNNG)
- The Parenteral and Enteral Nutrition Group (PENG)
- Patients on Intravenous Naso-gastric Nutrition Treatment (PINNT)

BAPEN works with all stakeholders, including patients and professionals, healthcare commissioners and providers at local, regional and national levels, and industry to deliver the nutritional agenda.

In this booklet you will find details on how to join BAPEN, highlights of some of our key achievements to date, education and training resources, information about our Core Groups, forthcoming activities and details of membership benefits.

Joining BAPEN



A full list of our rates, downloadable application forms and other information is available:

- on our website www.bapen.org.uk or
- simply scan the **QR code** below with your mobile phone or
- contact the BAPEN office on **01462 341422** or
- email: bapen@bapen.org.uk



Why become a member?

Your membership is important as **together** we can make a difference.

At BAPEN we are dedicated to working with patients and their carers, healthcare professionals (HCPs) across all disciplines, purchasers and providers of social care and governing health bodies throughout the UK to improve standards of nutritional care.

Malnutrition is a sizeable problem in the UK. The 2007- 2011 Nutritional Screening Week Amalgamated Survey Data published in 2014 found that 1 in 4 adults on admission to hospital, care homes and mental health units were at risk of malnutrition; thereby impacting on many patients and requiring engagement from many stakeholders, including healthcare professionals and patients.

How do I join?

Whether a member of one of BAPEN's Core Groups or not you can easily join BAPEN at www.bapen.org.uk

BAPEN achievements – the highlights



BAPEN was founded in 1992 to bring together dietitians, doctors, nurses, patients and pharmacists into an integrated and effective organisation dedicated to improving nutritional care.

Over the years, through the work of our membership, BAPEN has made great strides to improve nutritional care in the UK. There is, however, still much to achieve so we hope you will consider joining this dynamic organisation and help contribute to our ongoing success. A few of our key highlights include:

BANS – The British Artificial Nutrition Survey has been collecting data on patients on artificial nutrition in hospital and in the community since 1996. These data are then analysed and reported, both by region and nationally. A report is published annually to ensure the findings are widely disseminated. Data collection and processing has recently been revolutionised through electronic data collection. This has enhanced the quality of data and can aid reporters to capture local data and benchmark against other geographical areas, map

national or regional trends and benchmark their own services and outcomes with others.

Intestinal Failure Registry

In 2016 BAPEN introduced the world's first Intestinal Failure Registry. The aim of the IF Registry is to provide important information on the clinical activity and outcomes for patients managed in IF units across UK Hospitals and provide a consistent data set that will facilitate improvements in quality and clinical outcomes for patients.

Nutritional Screening Weeks – BAPEN's 1st Nutritional Screening Week (NSW)

was established in 2007 to collect data on malnutrition risk in adults on admission to hospitals, mental health trusts and care homes across the UK. The aim of the NSW is to establish the prevalence of malnutrition in adults on admission to care across the UK. Since 2007, four screening weeks have taken place. BAPEN Reports have been produced for each NSW. In 2014, the amalgamated



Education and training resources



data from the four NSWs were published.

Health economics analysis and consequential costs of malnutrition – BAPEN's Health Economic Report in 2005 was a wake-up call for all involved in nutritional care – the estimated cost of malnutrition of £7.3 billion being far greater than the costs associated with obesity.

The Health Economic Report was followed in 2008 by BAPEN's "Combating Malnutrition" Report, which estimated that public expenditure on disease-related malnutrition in the UK in 2007 was more than £13 billion a year.

In 2015 BAPEN and the NIHR Southampton BRC published a new report, which estimated the cost of malnutrition in England alone now stands at £19.6 billion. These robust data continue to be used at high levels for lobbying for services and drawing attention of government, commissioners and managers to address a sizeable problem.

Working with national governments to get nutrition on the health agenda – for example, Scotland's National Nutritional Care Advisory Board included strong BAPEN representation. Healthcare Improvement Scotland Food Fluid and Nutritional Care Standards were updated in 2010 and new Complex Nutritional Care Standards were produced in 2015. All Wales Nutritional and Catering Standards have been strongly supported by BAPEN members in Wales, to ensure that a uniform high standard of nutrition is achieved in all Welsh hospitals; Nutrition is now included in two of the five domains of the Department of Health outcomes framework and, BAPEN, working with the Department of Health, has been instrumental in developing and delivering a national quality improvement strategy and implementation programme to ensure safe nutritional care is delivered for patients in England eg the recent NHS England guidance Commissioning Excellent Nutrition and Hydration: 2015-2018.

BAPEN produces a wide range of educational and training resources designed to help healthcare professionals in all settings understand the issues relating to malnutrition, screen effectively and put protocols in place to improve current outcomes.

A summary of some of our key resources is outlined below. More information can be found on our website and we are constantly developing new initiatives and refining our existing tools to meet the evolving needs of patients and HCPs.

> 'MUST'

BAPEN launched the 'Malnutrition Universal Screening Tool' ('MUST') in 2003 to help identify adults who are underweight and at risk of malnutrition, as well as those who are obese. The tool underwent rigorous evaluation in hospital and community settings and was found to be easy to perform and reliable. 'MUST' has been widely adopted and is now the most widely used nutritional screening tool in the UK. It is also commonly used in other countries worldwide, and has been translated into five different languages.

In 2012 NICE recommended the use of 'MUST' for staff working in hospitals, primary care and care homes to aid implementation of the NICE Quality Standard for Nutritional Support of Adults – www.guidance.nice.org.uk/QS24.

> Malnutrition Self Screening Tool

In 2015 BAPEN introduced a Malnutrition Self-Screening Tool. This free, web-based Tool designed for use in the community is based on the 'MUST' screening criteria and is designed to try and help in the prevention and management of malnutrition

before admission to hospital or other care settings.

> Nutritional Care Tool

In 2015 BAPEN introduced the first Nutritional Care Tool to enable organisations (hospitals and care homes) to measure the nutritional care they provide and demonstrate compliance to nutrition related care regulations as well as highlighting the areas where improvements are required.

Our aim is that Trusts and Care Homes will use the Tool regularly in the same way that the NHS Safety Thermometer is conducted once a month. However, if



that is not possible due to time constraints and current demands on organisations, BAPEN organises regular Data Collection Weeks, mirroring the approach we took in the national screening weeks, to encourage use of the Tool during these weeks and this will enable us to measure seasonal differences and changes over time.

> **Commissioning Toolkit**

The BAPEN Toolkit enables commissioners and providers in local authorities, primary care organisations, hospital trusts and foundation hospitals to include best nutritional care when commissioning / redesigning all care services in all health and care settings. It helps service providers to include nutritional care in the development of new business cases. It also assists commissioners to set appropriate and achievable key performance indicators (KPIs) and to effectively contract and

monitor services against an appropriate quality specification.

> **BAPEN Principles of Good Nutritional Practice**

Decision Trees (BAPEN Principles of Good Nutritional Practice) have been produced by the members of BAPEN's Education and Training Committee in collaboration with BAPEN's Core Groups and associate organisations: BAPEN Medical, BPNG, BSPGHAN, NNG, PENG, and PINNT, and offer pragmatic and effective tools to assist in the care of those at risk of malnutrition and its consequences.

They have been devised to draw together existing guidelines and evidence base, together with best practice where no research is possible. The Decision Trees to help to guide all levels of healthcare professionals through the pathway of care for those with malnutrition.

> **e-Learning Modules**

A wide range of interactive e-Learning modules, designed for doctors and other health and social care workers, have been developed and are accessible through the BAPEN e-Learning Portal. These currently include three modules covering malnutrition and nutritional support and three interactive SCORM compliant modules on nutritional screening using 'MUST' available free for all BAPEN members and all those working in the NHS. BAPEN has also developed a learning management system for the 'MUST' e-learning modules which will support training in non-NHS settings and provide income to enable us to invest in further educational modules. These resources help support BAPEN members in educating their colleagues about the importance of nutrition to patient care.

BAPEN members have exclusive access to

e-learning modules based on presentations from BAPEN's Annual Conference with multiple choice questions and PDFs of presentation materials and are able to undertake online assessment and have the ability to print off certificates of achievement following completion of the modules. Additional modules will be developed and added to the e-Learning Portal in the future.

> **Malnutrition Matters: A Commitment to Act**

This easy to use guide was designed to bring clarity to where responsibility for commissioning and delivering good nutritional care lies in England. The guide sets out clear and simple priorities for each level of the health and social care system and targets national and local influencers, providers, carers and patients.

> **Educational Film Resources**

In 2016 BAPEN was



Membership benefits



awarded a grant from the Health Foundation. The money was used in part to develop a series of films that can be used by BAPEN members to promote the importance of good nutritional care and signpost the Nutritional Care Tool.

> **Annual Conference**

BAPEN holds an Annual Conference that covers all aspects of nutritional care. Renowned for its vibrant and interactive atmosphere, the Conference allows networking and dissemination of best practice in nutritional care facilitated by all members including those engaged in education and research.

Each of BAPEN's Core Groups contribute to the content of the Annual Conference but may also hold their own Annual Conference, maximising the opportunity for education and networking. Each of BAPEN's Special Interest Groups hold meetings and educational sessions at the Annual Conference, allowing

you to become more involved.

> **Regional Study Days**

We have a number of Regional Representatives who are your local contact with BAPEN. You can use them to gain information or pass comments and/or queries to BAPEN. They are also instrumental in organising Regional Study Days in your area which you may want to get involved with in both planning and delivery.

> **Special Interest Groups**

The Special Interest Groups (SIG) of BAPEN allow members to become more directly involved in a particular field of interest, producing guidance and educational material.

BAPEN Members benefit from the following:

- > **Support for personal development through exclusive access to online educational resources via the BAPEN e-Learning Portal**
- > **Access to a wide range of exclusive, practical, downloadable Tools, Publications and Resources to support members improve patient outcomes and drive change**
- > **Access to regional networks which enable valuable networking, peer to peer support, sharing best practice and practical support in the workplace, plus the opportunity to get actively involved regionally and nationally via BAPEN's Regional network**
- > **Opportunities to input into national reports, documents and commissioning tools that can change policy**

- > **Substantial registration discounts for members to attend BAPEN Annual Conference and Regional Study Days**
- > **Reduced membership fee to join ESPEN (The European Society for Clinical Nutrition and Metabolism) which includes a subscription to Clinical Nutrition and access to e-ESPEN**
- > **Access to the Members Directory which enables you to connect easily to other BAPEN members – colleagues with shared interests, potential speakers for events you may be organising, meeting attendees, working group participants etc.**
- > **Regular membership publications and newsletters such as *InTouch* and *BAPEN News*, which keep members up to date with the latest news, issues, resource launches and events**

Calendar of events

Please visit www.bapen.org.uk for a full list of BAPEN's forthcoming events.

Be part of an organisation that really makes a difference

Join BAPEN today and help us to advance the nutritional care of patients and those at risk from malnutrition in the wider community.

BAPEN Core Groups



BAPEN Medical is primarily aimed at doctors but is open to all those with an interest in clinical nutrition. Its aims are: education and training of clinicians at all levels; to encourage research and development and to foster collaborations between members' research groups; to foster inter-disciplinary links and collaboration between medical specialties; to foster multi-professional links and collaboration between health professionals. www.bapen.org.uk



The **British Pharmaceutical Nutrition Group (BPNG)** is a specialist group primarily for pharmacists and scientists, but open to all with an interest in clinical nutrition. The group was founded in 1988 following growing concerns about the stability of parenteral nutrition feeds. BPNG has published position statements on 'multichamber bags', in-line filtration of PN and calcium phosphate stability. Education is now a focus for the group which runs multidisciplinary 'fundamental parenteral nutrition' and 'advanced' nutrition courses. Publications include the 'Handbook for drug administration via enteral feeding tubes' and a competency framework for pharmacists working within clinical nutrition. www.bpng.co.uk



The **British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)** provides professional leadership and promotes standards of care for children with nutritional, gastrointestinal and hepatological disorders. Its membership includes consultants and specialist trainees in paediatric gastroenterology, hepatology and nutrition as well as specialist dietitians, nurses and nutrition pharmacists. The society supports research, training and education for members and the development of standards of care for children with nutritional disorders; it also gives advice and support to implement child-centred strategies to deliver nutrition assessment and nutrition support through the Nutrition & Intestinal Failure Working Group. www.bspghan.org.uk

The National Nurses Nutrition Group (NNNG) The NNNG was established in 1986. It is a registered charity which aims to promote education and the nursing role in nutrition and related subjects for the nursing profession, for the benefit of patients in hospital and community environments. Over recent years the focus of the group has widened to reflect the increasing profile of nutrition: from screening strategies and mealtimes to the complex nature of artificial feeding. www.nnng.org.uk



The Parenteral and Enteral Nutrition Group (PENG) is a specialist group of the British Dietetic Association. The PENG strives to train, educate, support and represent dietitians working in oral, enteral and parenteral nutrition support in all care settings. The group acts as the professional voice on matters pertaining to nutritional support and is a founder group of BAPEN. Members are registered dietitians who aim to ensure that nutritional support for patients is safe and clinically effective both in hospital and at home. www.peng.org.uk



Patients on Intravenous and Naso-gastric Nutrition Therapy (PINNT) is the UK support group for patients on home enteral or parenteral nutrition. PINNT has grown into a community that provides genuine understanding to help individuals and carers deal with the many challenges faced on artificial feeding at home. They also work closely with healthcare professionals, suppliers and manufacturers in order to enhance the patient journey. The PINNT network provides a unique and united voice to campaign for a better, flexible and safer service. www.pinnt.com

